

Rudys Country Store and BBQ Menu Analysis Book

Entrees	Egg	Fish	Milk	MSG	Other Gluten	Peanut	Shellfish	Soy	Sulfites	Tree Nuts	Wheat/ Wheat Gluten
Baby Back Ribs	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Beef Brisket, Lean	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Beef Brisket, Moist	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Chopped BBQ Beef	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Ham	N	Y	N	N	N	N	N	N	Y	N	N
with Wheat Bread	N	Y	N	N	N	N	N	Y	Y	N	Y
with White Bread	N	Y	N	N	Y	N	N	Y	Y	N	Y
Jalapeno Smoked Sausage	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Jumbo Smoked Potato with Sliced BBQ Beef	N	N	N	N	N	N	N	N	N	N	N
with Butter	N	N	Y	N	N	N	N	N	N	N	N
with Cheese	N	N	Y	N	N	N	N	N	N	N	N
with Sour Cream	N	N	Y	N	N	N	N	N	N	N	N
Jumbo Smoked Potato with Sliced BBQ Pork	N	N	N	N	N	N	N	N	N	N	N
Jumbo Smoked Potato with Sliced Brisket	N	N	N	N	N	N	N	N	N	N	N
with Butter	N	N	Y	N	N	N	N	N	N	N	N
with Cheese	N	N	Y	N	N	N	N	N	N	N	N
with Sour Cream	N	N	Y	N	N	N	N	N	N	N	N
Pork Loin	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Pork Spare Ribs	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Prime Rib	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y
with White Bread	N	N	N	N	Y	N	N	Y	N	N	Y
Pulled Pork	N	Y	Y	N	N	N	N	Y	Y	N	Y
with Wheat Bread	N	Y	Y	N	N	N	N	Y	Y	N	Y
with White Bread	N	Y	Y	N	Y	N	N	Y	Y	N	Y
Smoked Sausage	N	N	N	N	N	N	N	N	N	N	N
with Wheat Bread	N	N	N	N	N	N	N	Y	N	N	Y

Jumbo Smoked Potato	N	N	N	N	N	N	N	N	N	N	N
with Butter	N	N	Y	N	N	N	N	N	N	N	N
with Cheese	N	N	Y	N	N	N	N	N	N	N	N
with Sour Cream	N	N	Y	N	N	N	N	N	N	N	N
Lays Barbecue Potato Chips	N	N	N	N	Y	N	N	N	N	N	N
Lays Classic Potato Chips	N	N	N	N	N	N	N	N	N	N	N
Lays Sour Cream and Onion Potato Chips	N	N	Y	N	N	N	N	N	N	N	N
Ms Vickies Jalapeno Potato Chips	N	N	Y	N	N	N	N	N	N	N	N
Ms Vickies Smokehouse BBQ Potato Chips	N	N	Y	N	N	N	N	N	N	N	N
New Potatoes with Butter	N	N	Y	N	N	N	N	N	N	N	N
Pinto Beans	N	N	N	N	N	N	N	N	N	N	N
Potato Salad	Y	N	N	N	N	N	N	N	N	N	N
Sun Chips	N	N	N	N	Y	N	N	N	N	N	Y
Three Bean Salad	N	N	N	N	N	N	N	N	N	N	N

Desserts

	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat/ Wheat Gluten
Banana Pudding	Y	N	Y	N	N	N	N	Y	N	N	Y
Brownie	Y	N	N	N	Y	N	N	Y	N	Y	Y
Buttermilk Pie	Y	N	Y	N	N	N	N	Y	N	N	Y
Chocolate Pudding	N	N	Y	N	N	N	N	Y	N	N	Y
Ice Cream	N	N	Y	N	N	N	N	N	N	N	N
Peach Cobbler	N	N	Y	N	Y	N	N	N	N	N	Y
Pecan Pie	Y	N	Y	N	N	N	N	N	N	Y	Y
Rice Krispie Treat	N	N	Y	N	Y	N	N	N	N	N	N

Breakfast Entrees

	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat/ Wheat Gluten
Breakfast Taco with Bacon and Egg	Y	N	Y	N	Y	N	N	N	Y	N	Y
Breakfast Taco with Bacon, Egg and Cheese	Y	N	Y	N	Y	N	N	N	Y	N	Y
Breakfast Taco with Beans and Cheese	N	N	Y	N	Y	N	N	N	Y	N	Y
Breakfast Taco with Brisket and Egg	Y	N	Y	N	Y	N	N	N	Y	N	Y
Breakfast Taco with Brisket, Egg and Cheese	Y	N	Y	N	Y	N	N	N	Y	N	Y
Breakfast Taco with Chopped BBQ Beef and Egg	Y	N	Y	N	Y	N	N	N	Y	N	Y

